



# Dating Behavior of Minang Kabau Adolescents (Survey in Pesisir Selatan District, West Sumatera)

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The dating behavior of many teenagers today has led to sexual activity and has violated the norms of the local community. Minang Kabau is an area known as the land of fortune, which has strong customs and traditions. Many community rules regulate daily behavior, including courtship behavior. But of course this courtship behavior is still found in Minang Kabaut. Therefore, this study aims to determine the form of courtship behavior in Minang Kabau youth, especially in Pesisir Selatan district, West Sumatra. This study uses a quantitative approach with a survey method. The population in this study were all students of SMA Negeri 1 Sutera. The number of samples in this study were 55 students who were taken using random sampling technique. Data were analyzed using descriptive statistics with percentage units. The results of the percentage of research surveys mostly show that they have never had sexual intercourse, kissing, holding sensitive areas (chest, papa, buttocks) chatting, video calling, walking and joking. While the percentage that shows the existence of this behavior is only a small part, which is less than 50%.

**Keywords:** *Teenagers, Dating, Dating Behavior*



## Introduction

Adolescence is a period of transition from children to adults. At this time there are physical changes that are so fast. These changes are sometimes not even balanced with mental changes, so this is what can cause teenagers to engage in irresponsible sexual behavior. Of course, this sexual behavior no longer pays attention to religious rules so that teenagers are increasingly brave and open (Syam et al., 2020) .

Dating is a gateway that leads them to commit the right to indecent acts. As stated by Santrock that there are five styles of dating, among others; intimate *style* which refers to a dating style that maintains intimate relationships, *preintimate style* indicates a relationship that offers love without any obligation, *stereotyped style* refers to a relationship formed because of physical attractiveness only, intimate style pseudo -*intimate style*, a style that leads to free sex, and isolated (*isolated style*) which means that individuals cannot establish social relationships with other people (Santrock, 2015) . Meanwhile, the current style of courtship that often occurs is a pseudo-intimate *style*, a style that leads to free sex. Teenage dating style that leads to free sex behavior has an impact on the spread of sexually transmitted diseases. However, these teenagers do not seem to think about the negative impact of these actions. So it's not surprising that currently many teenagers are dating whose purpose is just to fill time, and follow trends, where this is not oriented to get married but only to have fun and temporary enjoyment (Kartingrum & Rachmah, 2021) .

The above opinion is evidenced by research which shows that dating activities involve accessing pornography. This study also explains that accessing pornography is 0.019 times more likely to engage in deviant dating behavior compared to adolescents who do not access pornography (Nababan, 2020) . Other studies have also shown that dating in adolescents has become a common behavior and can lead to sexual behavior that is manifested through physical contact, namely touching, kissing, touching sensitive parts, and having sex (Umaroh et al., 2021) . This research shows that when teenagers tie themselves to the term "girlfriend", then the relationship makes them give whatever their partner wants with the excuse of the word "proof of love".

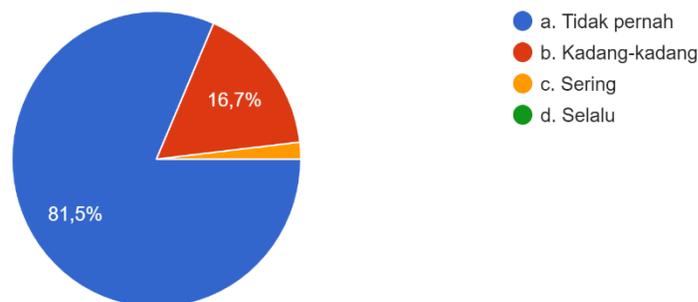
In line with the research above, Syam also stated that free sex carried out by teenagers always begins with dating behavior. The existence of a feeling of belonging to one another makes it easier for adolescents to take deviant actions (Syam et al., 2020) . Based on this opinion, it is explained that many young people are stuck with the recognition of belonging to each other, even though they have never owned it legally and religiously. Mistakes like this make teenagers not reluctant to do things that are prohibited by norms, customs and religion. The significant relationship between boyfriends and premarital sexual behavior is 53.8% (Qomariah, 2020) .

Pesisir Selatan Regency, West Sumatra Province, part of the Minang Kabau tribe, is an area known as a land of fortune which is thick with customs and traditions. Children are not only protected by both parents, but also under the supervision of niniak mamak who is a figure of guidance in the Minang Kabau custom. Dating is something that is highlighted, which if girls or teenagers date too much, they will get certain sanctions. But what about in the current era which always evolves according to the times, what is the form of adolescent dating behavior in Minang Kabau? Therefore, researchers are interested in studying more about the dating behavior of Minang Kabau teenagers.

### Research methods

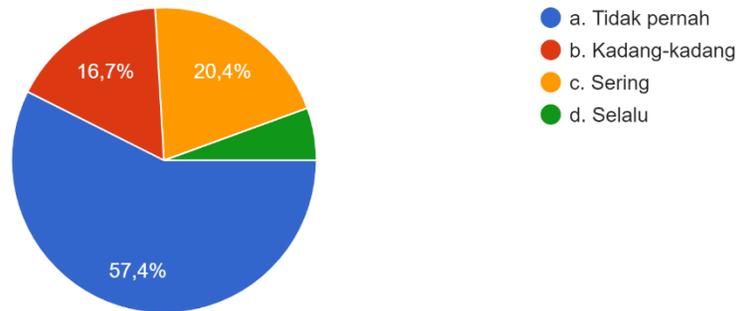
This research is a survey method that collects data using online techniques. The survey aims to collect data on the dating behavior of teenagers in Minang Kabau. . The population in this study were all 407 students of SMA Negeri 1 Sutera. The number of samples in this study was 55 students who were taken using random sampling technique. Data were analyzed using descriptive statistics with percentage units. This school is located in Amping Parak, Kec. Sutera, Pesisir Selatan Regency, West Sumatra.

### Research result



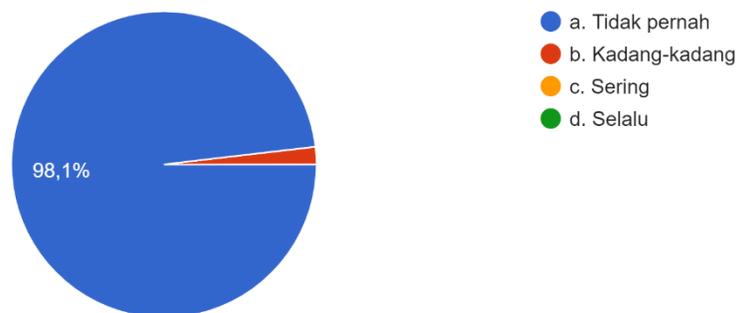
### *Picture 1. going out with girlfriend*

Based on the picture above, Minang Kabau teenagers never go out with their girlfriends. It can be seen from the survey results with the category of never going out with a girlfriend, which is 81.5%, while the category of occasional is only 16.7%. Always 5.6%.



**Figure 2. Chat with girlfriend**

Based on the picture above, Minang Kabau teenagers never chat with their boyfriends, this is evidenced by the results of the survey in the category of never chatting with girlfriends of 57.4%.



**Picture 3. Kissing with girlfriend**

Based on the picture above, Minang Kabau teenagers have never kissed their boyfriends, as evidenced by the survey results in the category of never kissing their boyfriends, which is 98.1%, while the occasional category is 1.9%.



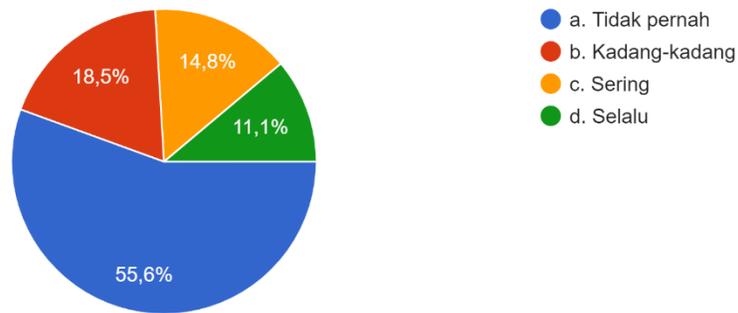
**Figure 4. Having sex**

Based on the picture above, Minang Kabau teenagers have never had sex with their boyfriends, as evidenced by the survey results which show that they have never had sex by 100%.



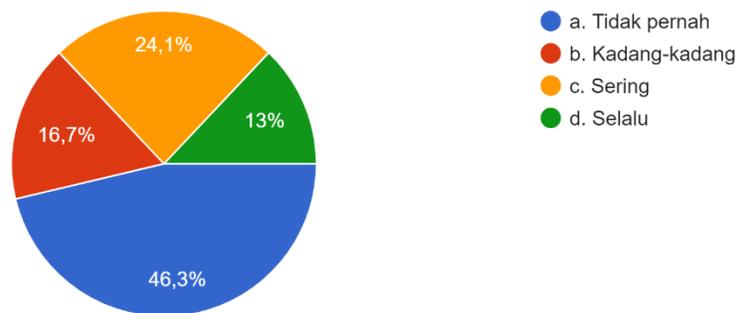
**Figure 5. Holding sensitive areas (thighs, chest, buttocks, and genitals)**

Based on the picture above, Minang Kabau teenagers never touch sensitive areas with their boyfriends, as evidenced by the survey results which show 100% of them never touch sensitive areas.



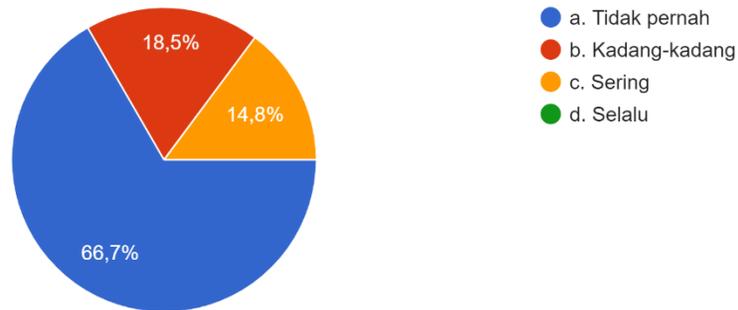
**Picture 6. Joking with girlfriend**

Based on the picture above that Minang Kabau teenagers never joke with their boyfriends, as evidenced by the highest survey results which show 56.6% never joke, while sometimes only 18.5%, often 14.8% and always 11.1 %.



**Figure 7. Chat with girlfriend**

Based on the picture above, Minang Kabau teenagers never *chat* with their boyfriends, as evidenced by the highest survey results which show 46.3% never *chat* , while sometimes it is 16.7%, often 24.1%, and always at 13% . .



**Figure 8. Video call with girlfriend**

Based on the picture above, Minang Kabau teenagers have never had *video calls* with their girlfriends, as evidenced by the results of the highest survey which showed 66.7% had never *video calls*, while the occasional category was 18.5% and often 14.8%.

Based on the pictures above, it can be concluded that the dating behavior of Minang Kabau teenagers is as summarized in the following table:

| Behavior Form          | Results |
|------------------------|---------|
| Go for a walk          | Never   |
| Chat                   | Never   |
| Kissing                | Never   |
| Having Sex             | Never   |
| Holding Sensitive Area | Never   |
| Joking                 | Never   |
| chat                   | Never   |
| Video Call             | Never   |

Based on the results of the research above, that Minang Kabau adolescents do not have courtship behavior that leads to sexual activity. The results of the percentage of research surveys mostly show that they have never had sexual intercourse, kissing, holding sensitive areas (chest, papa, buttocks) chatting, video calling, walking and joking. The percentage that shows this behavior is only a small part, which is less than 50%



## Discussion

Common dating behaviors are chatting, kissing, having sex, holding sensitive areas, joking, chatting, video calling with girlfriends, as found by research results (Umaroh et al., 2021) that teenagers today have sexual behavior that is manifested through contact physical, namely touching, kissing, touching sensitive parts, and having sex. However, the Minang Kabau youth are different. The results of this study prove that the dating behavior of Minang Kabau teenagers never goes for walks, chats, kisses, has sex, holds sensitive areas, jokes, *chats*, *video calls* with girlfriends. Another study also found that 90.3% of Indonesian adolescents dated sexual behavior, while 9.7% of dating adolescents did not engage in sexual behavior. (Sari & Rokhanawati, 2018). Furthermore, research conducted at a high school in the city of Medan shows that dating behavior leads to various sexual behaviors with their boyfriends. (vancis Krista Zagoto, Mangatas Silaen, 2021)

However, based on the results of this study, there are no deviant courtship behaviors in Minang Kabau. This is in accordance with the rules contained in Minang Kabau. As was the case with what Taufiq Rahman found, there are many Nagari Regulations born in Minang Kabau which represent each Nagari in three important classifications, namely: First, that in a Nagari there are already written Nagari Regulations and are in accordance with the conditions laid down. developed, agreed upon by all levels of society and can be implemented. Second, there is no written Nagari Regulation yet, but the substance of the rules and penalties for those who violate them have basically been implemented for a long time. This kind of rule exists as a collective memory of the residents and is implemented by the Wali Nagari officials with the support of all Nagari components (Taufiqurrahman et al., 2021). In Minang Kabau, parents prioritize providing education and controlling their children's behavior. Of course this is very meaningful in every development of a child's behavior. As the results of research conducted by Welly show that parents have guided and provided direction to children during puberty to behave well, such as telling children to carry out Allah's commands, staying away from Allah's prohibitions, respecting and appreciating others, and getting children used to it. not to come home late at night (Welly Puspita Sari, 2022). Parents are the first and foremost teachers for a child, if parents provide good control over a behavior, then the child also has good self-control not to get caught in a bad behavior. Research conducted by Yani proves that there is an influence of the role of parents on adolescent dating behavior, especially sexual activity during dating (Ishaq, 2020).

If it is proven to have committed adultery, then the sanction is also imposed with a fine and married off. The adulterer is sometimes single and sometimes married and the sanctions are different. If the adulteress is married, then the sanctions are more severe than the criminal sanctions for adultery single girls, namely in addition to paying the fine as mentioned above, a fine is also imposed. (Ishaq, 2020).



In the Minang community in Lubuk Basung, customary sanctions that can be imposed on perpetrators of adultery are: first, being expelled from the area of the adulteress, with various variations, including: discarding siriah, discarding tambika, discarding saro, discarding debt, and throwing out pulus. Second, a fine that is jointly determined in the form of an amount of money or gold agreed by the people to feed the "troops", usually consists of: one pikul rice, one jawi, along with betel and carano. Other fines can be in the form of materials for the construction of public facilities. The imposition of customary sanctions for adultery according to Minang customary law is classified based on the perpetrators, namely: a) if the perpetrator of adultery is committed by people of the same ethnic group, the sanctions will be the perpetrator is removed from the area concerned; b) if the perpetrator of adultery is committed by a person of a different ethnicity, the sanction is that the perpetrator will be married first and then expelled from the area concerned; c) if the perpetrator of adultery is committed by a ninik mamak, the sanction is that the perpetrator is dismissed from his position as a ninik mamak, then expelled from the area concerned; d) if the perpetrator of adultery is committed by a triad, namely: lanai, khatib, imam and bilal, the sanctions are for the perpetrator to be removed from the area concerned and set aside from the community (Usman et al., 2021) .

## **Conclusion**

Based on the results of the research above, that Minang Kabau adolescents do not have courtship behavior that leads to sexual activity. The results of the percentage of research surveys mostly show that they have never had sexual intercourse, kissing, holding sensitive areas (chest, papa, buttocks) chatting, video calling, walking and joking. The percentage that shows this behavior is only a small part.

## **Recommendation**

Based on the data analysis, discussion and conclusions above, the recommendations for this research are:

1. Parents, niniak mamak, traditional leaders for the integrity of the norms and customs of Minang Kabau customs, especially the discipline of maintaining negative dating behavior.
2. Schools and the government also need to reinforce the sanctions for negative dating behavior



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